

#### **Nepean Knights Minor Lacrosse Association**

Executive Meeting
Thursday, January 9, 2025
7:00 - 9:00 pm
Virtual Meeting



**Present:** Josh Hornung, Jessica White, Martine Mcfarlane, Kyle McDonald, Tanya Mewhinney, Jeff Zywicki, Derek Herfst, Brad MacDonald, Jennifer MacDonald

#### Absent:



Tournaments – First come first serve late Jan, early Feb release dates.

Treasurer, Secretary and Comp Dir – meeting with possible candidates.

OJCLL – Zoom meeting for Debbie. Junior C (floor time). Regional – Dan Swanson

OLA Boundary meeting – Jen & Josh Jan 11 @ 11:00am

Google map – capture correct location HL no boundaries, only for comp. mapping notes, Gloucester releases. April 15 registered, no release after this.

HL – Home Club, don't want to play for their areas. No flexibility if they miss the release date.

OLA – List of rinks we use (Debbie & Marty)

Gloucester/Nepean – Points of map. OLA player cards to their registrar Lynn Swindell (Approval)

Winter Lacrosse update (Kyle)

- Started last week 40 per session 8-10am
- Axeman players helping out

Junior B/C, Axeman – Winter lacrosse 2026, how can we increase

Luceo Sports Coaching Tool – Executive email for consideration.

#### Registrations

- Slight increase to bring in more money
- 130-140 K forward heavy
- 109K season ongoing expenses
  - 25K Teams tournaments (3 each)
  - o 20K Training, Refs, Ipads, etc
  - OLA fees (team register)
  - o 10K non parent HC (credentials)

- o 14K Jerseys refresh
- o 10K Polos, shorts, floor time, lost balls, sticks, upgrade, Ins cost, etc

3<sup>rd</sup> sibling Family Discount (possible 5-6 families)

Financial assistance available (hardship)

Early Bird rate for 10 days

Registration open Jan 15

Jan 17 – Black Bear Game, table set up, QR code, knights tablecloth and pull up banner

Registration Dates:

Jan 15/25 up to Jan 25/25 (same price as last year)

Jan 25/25 to March 3/25 (Add \$25.00 to price)

After March 4/25 to closing (Add \$50.00 admin fee)

Refund Policy on website same as last year

#### **Comp Team Selection/Release**

- Need more transparent process
- How do you want to coach your team
- Sheet of objectives
- Tell association who coach is & info about them
- What coach is looking for (expectations)
- Same people doing eval, back up transparency
- How we release (letters/conversations)

#### **Knights Day**

- Not hosting tournament this year
- CT with Black Bears? 2 games on turf
- JLA 10 straight hours if possible

#### **Admin Director**

Social media – Facebook, Instagram use to update families

Merch 2025 season – online purchasing, pro hockey life (team racks)

Suppliers – Mega City, BC Supplier, Gadar, Pro 2 Col, Source for Sport

\*\*need to make sure colors are correct

Sponsors – Tier pricing TBC

Kingston - \$250 logo on website

- \$500 Banner

Policy on sponsorship

Equipment / Jerseys

Not ordered anything as of yet

Name on back of Jersey

Younger U13 and below for Boys

U13 & U15 Girls

\$15K for competitive

Goalie equipment

Ok nearing end of life, repair or replace for next year

Free Sticks – Brand new HL players, walk away?

Rough cost \$40-50 per stick

Balls – Need to order more

Jersey – quote together (amount \$\$)

List of what is needed for this year & next year

Put money aside from budget

Get merch VS Stick

Bicept pads

HL hitting clinic

Sell off to players??

List of equipment needed – remove reference of free stick

Come try Lacrosse

- Feb 9 & 16 8-10am @ BSP
- 2 buckets of sticks

## **City**

- Ownership of nets for next year?
- Maintaining nets, moving & storing nets

### Coaching clinics

- Option of hosting Coaching clinic (field/box, intro, dev)

- Rule change Certification may be needed
- Deadline January 15<sup>th</sup>

Gloucester – Collaborate & onboard with us for Zone 5

10 days winter lacrosse – registration full

# Coach / Call Out Competitive

- Within next week
- Application Jotform
- What was done last year?
- Girls HL / Comp Volunteers